

10 Tips for “How to encourage learning/time management @ home”



1) Learning Tool – Diary

Encourage your child to fill in their diary regularly and look for 4 things: writing in their subjects for each day, filling in their homework as they receive it, write the due date in and how many minutes it takes to complete. Please sign once a week!



2) Planning Tool - Weekly Timetable

We know we cannot manage time but rather we manage the events in our lives in relation to time! A

WEEKLY PLANNER		
	MONDAY	TUESDAY
7:00 am		
7:30 am		
8:00 am		
8:30 am		

weekly planner, like the one provided on the back of this sheet, allows students to log how their time is spent and see patterns to better manage their time. Fill it out together assigning in family, personal, recreation and homework. Routine helps planning.

3) Set Priorities

To use our time effectively requires us to work out what is important and what is urgent! The easiest way to prioritise is to make a “to do list”. Encourage your child to write a To Do list as often as they need to, they just need to be careful the list doesn’t get out of control and they don’t have more than one. Upon completion of a list be sure they reward the time spent with small joys.



4) Living Space

The living space is the best space in the family household for learning!



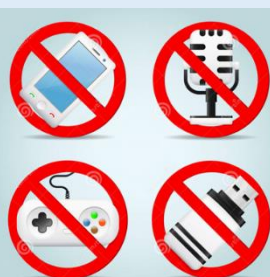
It is the most frequently used space in the home and often where we share a meal. Having a shared meal at least once a day is vital for the family unit and where we debrief and evaluate the day as a family!

5) Study Place – a well-lit place!

Determine a place free from distractions where your child can maximise their concentration. The best place isn’t always the bedroom, out in the living space means you can help and assist when they need it most!



6) Limit Technology - <https://www.fosi.org/>



It is extremely important that you limit the amount of time your child spends using technology! **Put time limits on children using technology!** When students go to bed, all technology must be switched off, charging in living space.

7) Manage Time Wasters

Our time is impacted by external factors imposed by other people and things. Planning in our weekly timetable time for those distractions can assist. Those distractions can include phone calls, visitors, email, social media, video games, tv, etc.



8) Be a motivator and monitor

This you will already do well but our role as a parent can be underestimated at times. Ask about assignments, quizzes, and tests. Give encouragement, check completed homework, and make yourself available for questions and concerns. Praise their work and efforts highlighting the positives and areas for improvement.



9) Set a good Example

Children watch adults to learn behaviour, such as saying “please” and “thank you” in conversation. The key to raising children with behaviour matching your values and standards rests in spending time with your child and modelling the desired behaviours.



10) Current Local/World Issues – Newspaper

It’s really important that our children are aware of what is happening in the world around them. Reading a paper requires patience. It’s an opportunity to hear them read or discuss and explore issues and topics with them to gain a better understanding





WEEKLY PLANNER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00 am							
7:30 am							
8:00 am							
8:30 am							
9:00 am							
9:30 am	S	S	S	S	S		
10:00 am	C	C	C	C	C		
10:30 am	H	H	H	H	H		
11:00 am	O	O	O	O	O		
11:30 am	O	O	O	O	O		
12:00 pm	L	L	L	L	L		
12:30 pm							
1:00 pm	T	T	T	T	T		
1:30 pm	I	I	I	I	I		
2:00 pm	M	M	M	M	M		
2:30 pm	E	E	E	E	E		
3:00 pm							
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